



# interRAI LTCF — Functional Rehabilitation/ Walking Program (O3e)

## Definition

Functional rehabilitation/walking programs involve **nursing** interventions that assist or promote the person’s ability to attain his or her maximum functional potential.

## Key conditions

The nursing intervention must **exceed** routine nursing care and be provided by **clinical staff** (RN, LPN/RPN, assistant/aide).

## Examples of functional rehabilitation provided by licensed nurses:



- Range of motion
- Splint or brace assistance
- Bed mobility
- Transfer
- Dressing or grooming
- Eating or swallowing
- Amputation or prosthesis care
- Communication

## Functional rehabilitation/walking programs provided by a licensed nurse must meet *all* of the following criteria in order to document days and minutes:



1. The nursing intervention must exceed routine nursing care.
2. The measurable objectives and specific interventions must be documented in the care plan.
3. The procedures or techniques must be carried out by, or under the direction/supervision of, licensed nursing staff (RN, LPN/RPN).
4. The clinical staff carrying out the interventions must be trained in the specific techniques required for the functional rehabilitation/walking program.
5. A licensed nurse (RN, LPN/RPN) must have evaluated and documented the person’s progress toward objectives at intervals that follow nursing standards of practice.
6. If the person is participating in an exercise group, there must be **4 or fewer persons** per group leader.

## Documentation of a functional rehabilitation/walking program provided by a licensed nurse:

**Column A:** Enter the number of days on which the functional rehabilitation/walking program provided by a licensed nurse was **scheduled** in the last 7 days.

**Column B:** Enter the number of days on which the functional rehabilitation/walking program provided by a licensed nurse was administered **for 15 minutes or more** in the last 7 days.

**Column C:** Enter the total number of minutes for which the functional rehabilitation/walking program provided by a licensed nurse was administered, even if Column B = 0, in the last 7 days.

## Note

Do not include time when volunteers or family are assisting the person.