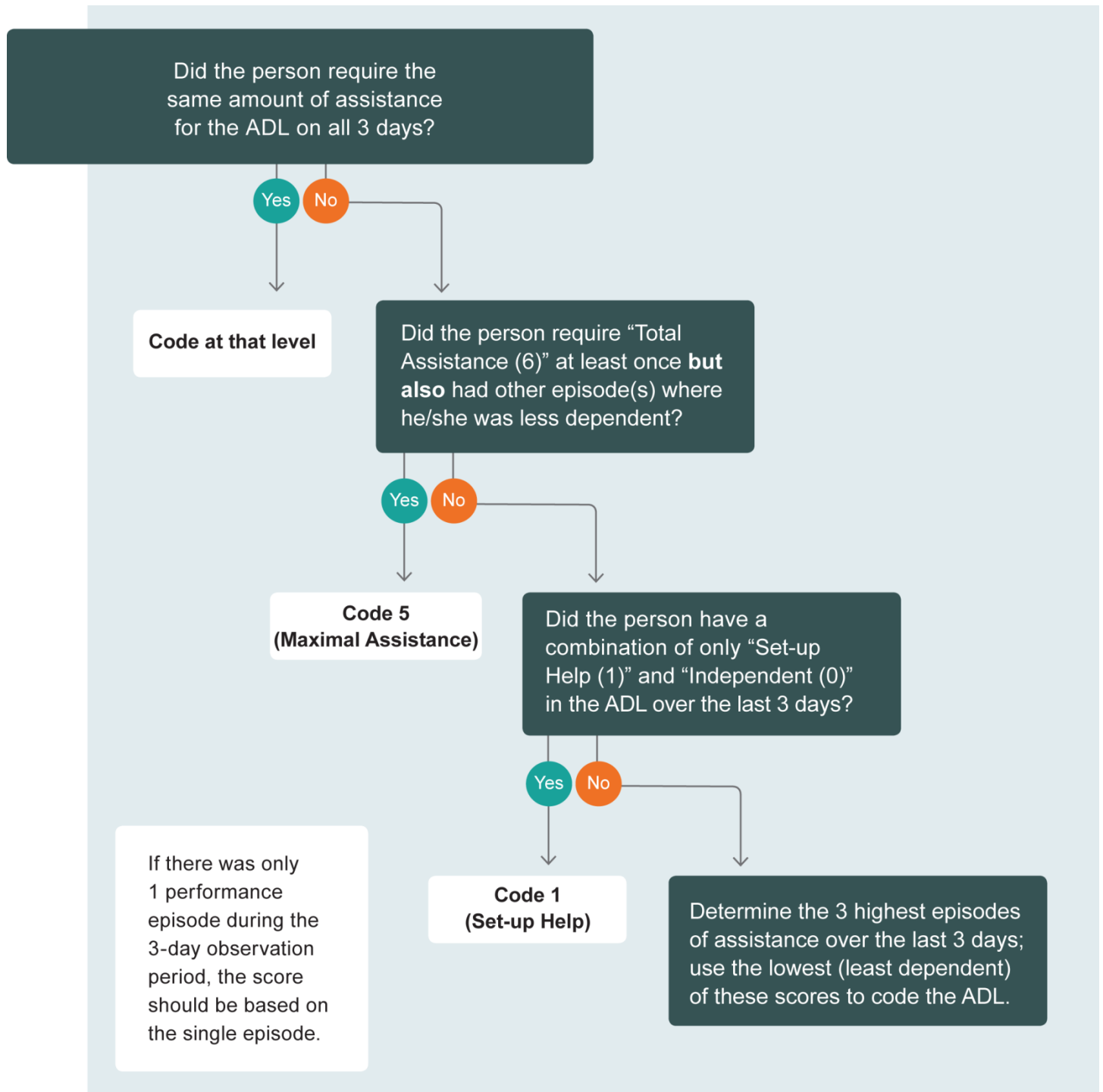




interRAI LTCF — Activities of Daily Living (G1)



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ADL Subtasks



These examples of subtasks may be helpful when assessing how the client performs each activity of daily living (G1).

Note: This is not a comprehensive list.

Bathing (G1a)	Dressing (G1c–d)	Transfer toilet (G1g)	Toilet Use (G1h)	Eating (G1j)
<ul style="list-style-type: none"> • Turns on/off water • Adjusts temperature • Lathers body • Rinses body • Dries with towel • Transfers in/out of tub <p><i>Exclude back and hair</i></p>	<ul style="list-style-type: none"> • Locates • Selects • Obtains • Grasps • Puts on • Removes • Snaps • Zips 	<ul style="list-style-type: none"> • Stands • Sits • Lifts • Turns 	<p>Use of toilet, commode, urinal; management of ostomy and catheter</p> <ul style="list-style-type: none"> • Removes clothes • Opens clothes • Adjusts clothes • Cleans self • Tears paper • Uses paper 	<ul style="list-style-type: none"> • Opens • Pours • Unwraps • Cuts • Scoops • Spears • Uses utensils • Uses fingers when necessary • Prepares tube feed • Prepares TPN

Source

Resident Assessment Instrument (RAI) MDS 2.0 and RAPs, Canadian Version, User’s Manual, Second Edition, March 2005:6–18.

Examples of Set-up Help



Personal Hygiene

Providing the person with a washbasin or grooming article

Toilet use

Handing the person a bedpan or placing articles to change ostomy appliance within reach

Walking

Handing the person a walker or cane

Eating

Cutting meat, opening containers, carrying a tray to the table or giving 1 food category at a time